Herfstcriterium 2026: Session: 3: COACH evaluation sheet for TEAM: ZS

Coachinfo: Warming up from: 08:00 untill 08:45. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: Scheveneels Judith

PB => Personal Best time **SB => Seasons Best time: Season starting point: first of September.**

Event number: 13: 100M BREASTSTROKE WOMEN 13+ Heat:6, starttime: 09:10

Heat: 6/19 Lane : 3 Athlete: DE VOCHT ANNE-JULIE **Q-time: 01:37:01**

PB (25m pool): 01:37.01 Nijlen 16/11/2025 **PB (50m pool):** 01:39.72 **SB:** no time

	25 M	50 M	75 M	100 M	
PB		00:45.13		01:37.01	
		00:45.13		*00:51.88*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 13: 100M BREASTSTROKE WOMEN 13+ Heat:9, starttime: 09:20

Heat: 9/19 Lane : 1 Athlete: LESSELIERS EMILY **Q-time: 01:33:83**

PB (25m pool): 01:33.83 Mol 28/12/2025 **PB (50m pool):** 01:34.31 **SB:** no time

	25 M	50 M	75 M	100 M	
PB		00:45.02		01:33.83	
		00:45.02		*00:48.81*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 13: 100M BREASTSTROKE WOMEN 13+ Heat:11, starttime: 09:20

Heat: 11/19 Lane : 4 Athlete: THEUNISSEN JOLIEN **Q-time: 01:31:38**

PB (25m pool): 01:31.38 Kapellen 30/05/2026 **PB (50m pool):** 01:33.50 **SB:** 01:31.49 Mol 04/10/2026

	25 M	50 M	75 M	100 M	
PB		00:43.21		01:31.38	
		00:43.21		*00:48.17*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Herfstcriterium 2026: Session: 3: COACH evaluation sheet for TEAM: ZS

Event number: 13: 100M BREASTSTROKE WOMEN 13+ — Heat:19, starttime: 09:40

Heat: 19/19 Lane : 4 Athlete: VAN DEN BERGH ANNA — **Q-time: 01:18:79**

PB (25m pool): 01:18.79 Sportoase De Watermolen 21/07/2026 PB (50m pool): 01:21.54 **SB:** 01:19.21 Mol 04/10/2026

	25 M	50 M	75 M	100 M	
PB		00:37.27		01:18.79	
		00:37.27		*00:41.52*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 16: 50M BUTTERFLY WOMEN 13+ — Heat:9, starttime: 10:30

Heat: 9/20 Lane : 1 Athlete: THEUNISSEN JOLIEN — **Q-time: 00:37:61**

PB (25m pool): 00:37.61 Nijlen 18/10/2026 PB (50m pool): 00:39.70 **SB:** 00:37.61 Nijlen 18/10/2026

	25 M	50 M	
PB		00:37.61	
		00:37.61	
	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 16: 50M BUTTERFLY WOMEN 13+ — Heat:13, starttime: 10:35

Heat: 13/20 Lane : 4 Athlete: LESSELIERS EMILY — **Q-time: 00:35:50**

PB (25m pool): 00:35.50 Nijlen 18/10/2026 PB (50m pool): 00:38.29 **SB:** 00:35.50 Nijlen 18/10/2026

	25 M	50 M	
PB		00:35.50	
		00:35.50	
	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 16: 50M BUTTERFLY WOMEN 13+ — Heat:18, starttime: 10:40

Heat: 18/20 Lane : 8 Athlete: VAN DEN BERGH ANNA — **Q-time: 00:33:58**

PB (25m pool): 00:33.58 Herentals 09/05/2026 PB (50m pool): 00:33.73 **SB:** 00:34.19 Nijlen 18/10/2026

	25 M	50 M	
PB		00:33.58	
		00:33.58	
	. . : . . : . .	. . : . . : . .	

Coach feedback:

Herfstcriterium 2026: Session: 3: COACH evaluation sheet for TEAM: ZS

Event number: 16: 50M BUTTERFLY WOMEN 13+ — Heat:19, starttime: 10:40

Heat: 19/20 Lane : 2 Athlete: DE VOCHT ANNE-JULIE — **Q-time: 00:33:11**

PB (25m pool): 00:33.11 Kapellen 02/11/2025 — **PB (50m pool):** 00:33.72 **SB:** 00:33.86 Mol 04/10/2026

	25 M	50 M	
PB		00:33.11	
	00:33.11		
	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 18: 100M FREESTYLE WOMEN 11-12 — Heat:10, starttime: 11:35

Heat: 10/15 Lane : 4 Athlete: VASQUEZ ANNA — **Q-time: 01:16:43**

PB (25m pool): 01:16.43 Nijlen 18/10/2026 — **PB (50m pool):** 01:17.99 **SB:** 01:16.43 Nijlen 18/10/2026

	25 M	50 M	75 M	100 M	
PB		00:35.95		01:16.43	
		00:35.95		*00:40.48*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 18: 100M FREESTYLE WOMEN 11-12 — Heat:13, starttime: 11:40

Heat: 13/15 Lane : 1 Athlete: FLEERACKERS LAURA — **Q-time: 01:14:11**

PB (25m pool): 01:14.11 Mol 04/10/2026 — **PB (50m pool):** 01:18.67 **SB:** 01:14.11 Mol 04/10/2026

	25 M	50 M	75 M	100 M	
PB		00:35.52		01:14.11	
		00:35.52		*00:38.59*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback: